



3Türmelauf  
Bad Langensalza / 22.04.2018

Detailed evaluation

Hasenstein, Mario

Club: Feuerwehr Gotha-Siebleben  
Number: 274

Course: 12.50 km  
12,5 km -Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 55:56

Speed: 12.87 km/h  
Running performance: 4:28 min/km

Rank in course/Total: 28 (of 267)

Rank in course/Men: 27 (of 196)

Best time in course: 41:37

Rank in category: 5(of 30)

Best time in the category: 48:48

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:20	4:40	13	0:43	80	0:51	0.50	2:20	4:40	13	0:43	80	0:51
Lap 2	9.00	37:39	4:11	6	4:40	31	9:51	9.50	39:59	4:12	6	5:23	34	10:42
Last lap Finish	3.00	15:57	5:18	5	1:45	20	3:37	12.50	55:56	4:28	5	7:08	27	14:19