



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

Oschmann, Ina

Club: FSV 1950 Gotha
Number: 256

Course: 12.50 km
12,5 km -Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 56:56

Speed: 12.65 km/h
Running performance: 4:33 min/km

Rank in course/Total: 38 (of 267)

Rank in course/Women: 2 (of 71)

Best time in course: 55:52

Rank in category: 1(of 7)

Best time in the category: 56:56

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Lap 1 | 0.50 | 1:58 | 3:55 | 1 | - | 1 | - | 0.50 | 1:58 | 3:55 | 1 | - | 1 | - |
| Lap 2 | 9.00 | 38:05 | 4:13 | 1 | - | 2 | 0:29 | 9.50 | 40:03 | 4:12 | 1 | - | 2 | 0:26 |
| Last lap Finish | 3.00 | 16:53 | 5:37 | 1 | - | 2 | 0:38 | 12.50 | 56:56 | 4:33 | 1 | - | 2 | 1:04 |