



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

Weber, Ronny

Club: Eisenach
Number: 231

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 58:20

Speed: 12.34 km/h
Running performance: 4:40 min/km

Rank in course/Total: 44 (of 267)

Rank in course/Men: 41 (of 196)

Best time in course: 41:37

Rank in category: 7(of 17)

Best time in the category: 53:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:19	4:38	9	0:26	79	0:50	0.50	2:19	4:38	9	0:26	79	0:50
Lap 2	9.00	38:36	4:17	7	3:03	40	10:48	9.50	40:55	4:18	7	3:29	41	11:38
Last lap Finish	3.00	17:25	5:48	8	1:47	45	5:05	12.50	58:20	4:40	7	4:45	41	16:43