



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

ARRAT, Malath

Club: SV Empor Bad Langensalza Boxen
Number: 1939

Course: 1.00 km
Schülerlauf

Category:
Frauen (20-29 Jahre)

Total time: 6:46

Speed: 8.87 km/h
Running performance: 6:46 min/km

Rank in course/Total: 255 (of 257)
Rank in course/Women: 139 (of 139)

Best time in course: 3:34
Rank in category: 1(of 1)
Best time in the category: 6:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	3:13	6:26	1	-	132	1:25	0.50	3:13	6:26	1	-	132	1:25
Last lap Finish	0.50	3:33	7:05	1	-	139	1:48	1.00	6:46	6:46	1	-	139	3:12