



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

Langer, Anke

Club: FSV 1950 Gotha e.V
Number: 255

Course: 12.50 km
12,5 km -Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 58:53
Speed: 12.74 km/h
Running performance: 4:43 min/km
Rank in course/Total: 49 (of 267)
Rank in course/Women: 3 (of 71)
Best time in course: 55:52
Rank in category: 1(of 14)
Best time in the category: 58:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	2:01	4:01	2	0:02	4	0:03	0.50	2:01	4:01	2	0:02	4	0:03
Lap 2	9.00	39:00	4:19	1	-	3	1:24	9.50	41:01	4:19	1	-	3	1:24
Last lap Finish	3.00	17:52	5:57	2	0:38	4	1:37	12.50	58:53	4:42	1	-	3	3:01