



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

KäMPF, Annette

Club: DaRoTel
Number: 28

Course: 12.50 km
12,5 km -Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:00:29

Speed: 11.90 km/h
Running performance: 4:50 min/km

Rank in course/Total: 59 (of 267)

Rank in course/Women: 5 (of 71)

Best time in course: 55:52

Rank in category: 2(of 14)

Best time in the category: 58:53

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	1:59	3:58	1	-	3	0:01	0.50	1:59	3:58	1	-	3	0:01
Lap 2	9.00	41:16	4:35	2	2:16	6	3:40	9.50	43:15	4:33	2	2:14	6	3:38
Last lap Finish	3.00	17:14	5:44	1	-	3	0:59	12.50	1:00:29	4:50	2	1:36	5	4:37