



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

Vogt, Markus

Club: DEKRA
Number: 265

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:00:56

Speed: 11.82 km/h
Running performance: 4:52 min/km

Rank in course/Total: 63 (of 267)

Rank in course/Men: 58 (of 196)

Best time in course: 41:37

Rank in category: 10(of 22)

Best time in the category: 41:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:14	4:28	11	0:45	69	0:45	0.50	2:14	4:28	11	0:45	69	0:45
Lap 2	9.00	40:47	4:31	9	12:59	59	12:59	9.50	43:01	4:31	9	13:44	58	13:44
Last lap Finish	3.00	17:55	5:58	9	5:35	57	5:35	12.50	1:00:56	4:52	10	19:19	58	19:19