



3Türmelauf  
Bad Langensalza / 22.04.2018

Detailed evaluation

MAICHER, Alexander

Club: Erfurt  
Number: 45

Course: 12.50 km  
12,5 km -Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:01:39

Speed: 11.68 km/h  
Running performance: 4:56 min/km

Rank in course/Total: 71 (of 267)

Rank in course/Men: 64 (of 196)

Best time in course: 41:37

Rank in category: 8(of 22)

Best time in the category: 48:19

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Lap 1	0.50	2:36	5:12	11	1:02	111	1:07	0.50	2:36	5:12	11	1:02	111	1:07
Lap 2	9.00	40:39	4:30	8	8:22	58	12:51	9.50	43:15	4:33	9	9:24	63	13:58
Last lap Finish	3.00	18:24	6:07	8	4:02	66	6:04	12.50	1:01:39	4:55	8	13:20	64	20:02