



3Türmelauf  
Bad Langensalza / 22.04.2018

Detailed evaluation

TEMMLER, Matthias

Club: SV Normania Treffurt  
Number: 175

Course: 12.50 km  
12,5 km -Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 1:01:10

Speed: 12.26 km/h  
Running performance: 4:53 min/km

Rank in course/Total: 64 (of 267)

Rank in course/Men: 59 (of 196)

Best time in course: 41:37

Rank in category: 6(of 18)

Best time in the category: 55:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:14	4:28	6	0:18	69	0:45	0.50	2:14	4:28	6	0:18	69	0:45
Lap 2	9.00	40:23	4:29	5	3:04	55	12:35	9.50	42:37	4:29	6	3:07	55	13:20
Last lap Finish	3.00	18:33	6:11	7	2:24	71	6:13	12.50	1:01:10	4:53	6	5:31	59	19:33