



3Türmelauf  
Bad Langensalza / 22.04.2018

Detailed evaluation

Eisenbrandt, Frank

Club: Laufgruppe Treffurt  
Number: 277

Course: 12.50 km  
12,5 km -Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 1:03:33

Speed: 11.80 km/h  
Running performance: 5:05 min/km

Rank in course/Total: 88 (of 267)

Rank in course/Men: 80 (of 196)

Best time in course: 41:37

Rank in category: 7(of 18)

Best time in the category: 55:39

| Intermediate times |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1              | 0.50     | 3:03       | 6:05         | 14          | 1:07        | 178     | 1:34       | 0.50          | 3:03       | 6:05         | 14       | 1:07        | 178     | 1:34       |
| Lap 2              | 9.00     | 42:03      | 4:40         | 7           | 4:44        | 79      | 14:15      | 9.50          | 45:06      | 4:44         | 8        | 5:36        | 90      | 15:49      |
| Last lap Finish    | 3.00     | 18:27      | 6:08         | 5           | 2:18        | 68      | 6:07       | 12.50         | 1:03:33    | 5:05         | 7        | 7:54        | 80      | 21:56      |