



**3Türmelauf**  
Bad Langensalza / 22.04.2018

Detailed evaluation

**ENGELBRECHER, Christian**

Club: Ski- und Snowboardzirkel Erfurt  
Number: 158

Course: 12.50 km  
12,5 km -Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:00:34

Speed: 11.89 km/h  
Running performance: 4:51 min/km

Rank in course/Total: 60 (of 267)

Rank in course/Men: 55 (of 196)

Best time in course: 41:37

Rank in category: 9(of 22)

Best time in the category: 41:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:05	4:10	7	0:36	36	0:36	0.50	2:05	4:10	7	0:36	36	0:36
Lap 2	9.00	40:57	4:33	11	13:09	63	13:09	9.50	43:02	4:31	10	13:45	59	13:45
Last lap Finish	3.00	17:32	5:50	7	5:12	47	5:12	12.50	1:00:34	4:50	9	18:57	55	18:57