



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

SEILER, Brendan

Club: Luisenthaler SV
Number: 105

Course: 12.50 km
12,5 km -Lauf

Category:
männliche Jugend U16 (14-15 Jahre)

Total time: 1:03:41

Speed: 11.78 km/h
Running performance: 5:05 min/km

Rank in course/Total: 91 (of 267)

Rank in course/Men: 82 (of 196)

Best time in course: 41:37

Rank in category: 2(of 5)

Best time in the category: 54:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	1:52	3:44	2	0:10	18	0:23	0.50	1:52	3:44	2	0:10	18	0:23
Lap 2	9.00	43:03	4:46	2	6:03	93	15:15	9.50	44:55	4:43	2	6:13	85	15:38
Last lap Finish	3.00	18:46	6:15	2	3:00	78	6:26	12.50	1:03:41	5:05	2	9:13	82	22:04