



3Türmelauf  
Bad Langensalza / 22.04.2018

Detailed evaluation

TEUSCHER, Daniela

Club: GKN Sinter Metals Bad Langensalza  
Number: 67

Course: 12.50 km  
12,5 km -Lauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 1:05:32

Speed: 10.99 km/h  
Running performance: 5:14 min/km

Rank in course/Total: 110 (of 267)

Rank in course/Women: 13 (of 71)

Best time in course: 55:52

Rank in category: 5(of 14)

Best time in the category: 58:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	2:30	5:00	5	0:31	23	0:32	0.50	2:30	5:00	5	0:31	23	0:32
Lap 2	9.00	43:13	4:48	5	4:13	12	5:37	9.50	45:43	4:48	5	4:42	13	6:06
Last lap Finish	3.00	19:49	6:36	5	2:35	19	3:34	12.50	1:05:32	5:14	5	6:39	13	9:40