



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

End, Cornelia

Club: PSV Erfurt
Number: 249

Course: 12.50 km
12,5 km -Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 1:06:25

Speed: 10.84 km/h
Running performance: 5:19 min/km

Rank in course/Total: 117 (of 267)

Rank in course/Women: 15 (of 71)

Best time in course: 55:52

Rank in category: 1(of 6)

Best time in the category: 1:06:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	2:21	4:42	1	-	14	0:23	0.50	2:21	4:42	1	-	14	0:23
Lap 2	9.00	43:57	4:53	1	-	16	6:21	9.50	46:18	4:52	1	-	16	6:41
Last lap Finish	3.00	20:07	6:42	1	-	21	3:52	12.50	1:06:25	5:18	1	-	15	10:33