



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

FISCHER, Julia

Club: Team Malerwerkstatt Beck GmbH
Number: 179

Course: 12.50 km
12,5 km -Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:06:55

Speed: 11.21 km/h
Running performance: 5:21 min/km

Rank in course/Total: 125 (of 267)

Rank in course/Women: 20 (of 71)

Best time in course: 55:52

Rank in category: 2(of 7)

Best time in the category: 55:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	2:36	5:12	3	0:35	28	0:38	0.50	2:36	5:12	3	0:35	28	0:38
Lap 2	9.00	44:56	4:59	2	7:20	18	7:20	9.50	47:32	5:00	2	7:55	19	7:55
Last lap Finish	3.00	19:23	6:27	3	3:08	17	3:08	12.50	1:06:55	5:21	2	11:03	20	11:03