



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

RICHTER, Marcel

Club: Ufhoven
Number: 198

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:07:14

Speed: 11.16 km/h
Running performance: 5:23 min/km

Rank in course/Total: 130 (of 267)

Rank in course/Men: 110 (of 196)

Best time in course: 41:37

Rank in category: 13(of 22)

Best time in the category: 41:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:14	4:28	11	0:45	69	0:45	0.50	2:14	4:28	11	0:45	69	0:45
Lap 2	9.00	45:41	5:04	15	17:53	121	17:53	9.50	47:55	5:02	14	18:38	114	18:38
Last lap Finish	3.00	19:19	6:26	13	6:59	101	6:59	12.50	1:07:14	5:22	13	25:37	110	25:37