



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

MÜLLER, Karsten

Club: Niedertrebra
Number: 127

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:04:18

Speed: 11.20 km/h
Running performance: 5:08 min/km

Rank in course/Total: 100 (of 267)

Rank in course/Men: 90 (of 196)

Best time in course: 41:37

Rank in category: 9(of 18)

Best time in the category: 55:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:45	5:30	11	0:49	134	1:16	0.50	2:45	5:30	11	0:49	134	1:16
Lap 2	9.00	42:44	4:44	9	5:25	86	14:56	9.50	45:29	4:47	9	5:59	94	16:12
Last lap Finish	3.00	18:49	6:16	8	2:40	79	6:29	12.50	1:04:18	5:08	9	8:39	90	22:41