



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

FUHRMANN, Erik

Club: Die flinken Gerataler
Number: 34

Course: 12.50 km
12,5 km -Lauf

Category:
Männer (20-29 Jahre)

Total time: 1:08:40

Speed: 10.49 km/h
Running performance: 5:29 min/km

Rank in course/Total: 147 (of 267)

Rank in course/Men: 124 (of 196)

Best time in course: 41:37

Rank in category: 13(of 18)

Best time in the category: 48:58

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:29	4:58	10	0:54	100	1:00	0.50	2:29	4:58	10	0:54	100	1:00
Lap 2	9.00	46:24	5:09	14	13:36	130	18:36	9.50	48:53	5:08	13	14:23	127	19:36
Last lap Finish	3.00	19:47	6:35	9	5:19	107	7:27	12.50	1:08:40	5:29	13	19:42	124	27:03