



3Türmelauf

Bad Langensalza / 22.04.2018

Detailed evaluation

WEGENER, Christa

Club: sc impuls Erfurt

Number: 151

Course: 12.50 km

12,5 km -Lauf

Category:

Seniorinnen W60 (60-64 Jahre)

Total time: 1:09:48

Speed: 10.74 km/h

Running performance: 5:35 min/km

Rank in course/Total: 159 (of 267)

Rank in course/Women: 28 (of 71)

Best time in course: 55:52

Rank in category: 1(of 3)

Best time in the category: 1:09:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	2:26	4:51	1	-	18	0:28	0.50	2:26	4:51	1	-	18	0:28
Lap 2	9.00	46:26	5:09	1	-	29	8:50	9.50	48:52	5:08	1	-	29	9:15
Last lap Finish	3.00	20:56	6:58	1	-	29	4:41	12.50	1:09:48	5:35	1	-	28	13:56