



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

SCHÖNEMANN, Jörg

Club: Großfahner
Number: 74

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:10:06

Speed: 10.27 km/h
Running performance: 5:37 min/km

Rank in course/Total: 162 (of 267)

Rank in course/Men: 133 (of 196)

Best time in course: 41:37

Rank in category: 6(of 10)

Best time in the category: 1:01:39

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Lap 1	0.50	3:00	6:00	8	0:36	168	1:31	0.50	3:00	6:00	8	0:36	168	1:31
Lap 2	9.00	46:38	5:10	7	5:48	138	18:50	9.50	49:38	5:13	7	6:24	141	20:21
Last lap Finish	3.00	20:28	6:49	5	2:03	124	8:08	12.50	1:10:06	5:36	6	8:27	133	28:29