



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

NEUMEIER, Mike

Club: Küche Birkenwiese
Number: 88

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:10:25

Speed: 10.22 km/h
Running performance: 5:38 min/km

Rank in course/Total: 164 (of 267)

Rank in course/Men: 135 (of 196)

Best time in course: 41:37

Rank in category: 25(of 37)

Best time in the category: 45:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:12	4:24	11	0:39	61	0:43	0.50	2:12	4:24	11	0:39	61	0:43
Lap 2	9.00	47:10	5:14	27	16:33	144	19:22	9.50	49:22	5:11	25	17:12	139	20:05
Last lap Finish	3.00	21:03	7:00	25	7:19	139	8:43	12.50	1:10:25	5:38	25	24:31	135	28:48