



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

WEINSCHENK, Michael

Club: VR Bank
Number: 113

Course: 12.50 km
12,5 km -Lauf

Category:
Männer (20-29 Jahre)

Total time: 1:11:29

Speed: 10.49 km/h
Running performance: 5:43 min/km

Rank in course/Total: 174 (of 267)

Rank in course/Men: 142 (of 196)

Best time in course: 41:37

Rank in category: 16(of 18)

Best time in the category: 48:58

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:32	5:03	11	0:57	106	1:03	0.50	2:32	5:03	11	0:57	106	1:03
Lap 2	9.00	48:08	5:20	16	15:20	150	20:20	9.50	50:40	5:19	16	16:10	150	21:23
Last lap Finish	3.00	20:49	6:56	15	6:21	132	8:29	12.50	1:11:29	5:43	16	22:31	142	29:52