



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

DRIESCH, Marcus

Club: VR Bank
Number: 120

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:10:37

Speed: 10.62 km/h
Running performance: 5:39 min/km

Rank in course/Total: 167 (of 267)

Rank in course/Men: 138 (of 196)

Best time in course: 41:37

Rank in category: 17(of 22)

Best time in the category: 41:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:50	5:40	18	1:21	148	1:21	0.50	2:50	5:40	18	1:21	148	1:21
Lap 2	9.00	46:33	5:10	18	18:45	135	18:45	9.50	49:23	5:11	18	20:06	140	20:06
Last lap Finish	3.00	21:14	7:04	17	8:54	140	8:54	12.50	1:10:37	5:38	17	29:00	138	29:00