



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

SCHIRRMACHER, Dirk

Club: Team Borbet
Number: 177

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:12:05

Speed: 9.99 km/h
Running performance: 5:46 min/km

Rank in course/Total: 178 (of 267)

Rank in course/Men: 145 (of 196)

Best time in course: 41:37

Rank in category: 12(of 18)

Best time in the category: 55:39

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Lap 1	0.50	2:42	5:24	9	0:46	127	1:13	0.50	2:42	5:24	9	0:46	127	1:13
Lap 2	9.00	47:38	5:17	12	10:19	149	19:50	9.50	50:20	5:17	12	10:50	149	21:03
Last lap Finish	3.00	21:45	7:15	12	5:36	147	9:25	12.50	1:12:05	5:46	12	16:26	145	30:28