



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

Rattmann, Ellen

Club: fSV 1950 Gotha e. V.
Number: 259

Course: 12.50 km
12,5 km -Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:13:17

Speed: 9.82 km/h
Running performance: 5:52 min/km

Rank in course/Total: 189 (of 267)

Rank in course/Women: 38 (of 71)

Best time in course: 55:52

Rank in category: 6(of 7)

Best time in the category: 56:56

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	2:32	5:03	5	0:34	24	0:34	0.50	2:32	5:03	5	0:34	24	0:34
Lap 2	9.00	48:11	5:21	6	10:06	36	10:35	9.50	50:43	5:20	6	10:40	36	11:06
Last lap Finish	3.00	22:34	7:31	6	5:41	45	6:19	12.50	1:13:17	5:51	6	16:21	38	17:25