



3Türmelauf

Bad Langensalza / 22.04.2018

Detailed evaluation

FUHRMANN, Sibylle

Club: Die flinken Gerataler

Number: 33

Course: 12.50 km

12,5 km -Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:17:19

Speed: 9.70 km/h

Running performance: 6:11 min/km

Rank in course/Total: 219 (of 267)

Rank in course/Women: 51 (of 71)

Best time in course: 55:52

Rank in category: 9(of 14)

Best time in the category: 1:04:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	2:48	5:35	5	0:31	39	0:50	0.50	2:48	5:35	5	0:31	39	0:50
Lap 2	9.00	50:59	5:39	8	7:50	50	13:23	9.50	53:47	5:39	8	8:21	50	14:10
Last lap Finish	3.00	23:32	7:50	9	4:21	51	7:17	12.50	1:17:19	6:11	9	12:42	51	21:27