



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

Scharke, Ulrike

Club: FSV 1950 Gotha
Number: 260

Course: 12.50 km
12,5 km -Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 1:17:20

Speed: 9.31 km/h
Running performance: 6:11 min/km

Rank in course/Total: 220 (of 267)

Rank in course/Women: 52 (of 71)

Best time in course: 55:52

Rank in category: 3(of 6)

Best time in the category: 1:06:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	2:39	5:17	3	0:18	32	0:41	0.50	2:39	5:17	3	0:18	32	0:41
Lap 2	9.00	50:58	5:39	3	7:01	49	13:22	9.50	53:37	5:38	3	7:19	48	14:00
Last lap Finish	3.00	23:43	7:54	4	3:36	54	7:28	12.50	1:17:20	6:11	3	10:55	52	21:28