



3Türmelauf  
Bad Langensalza / 22.04.2018

Detailed evaluation

HAFERANKE, Manfred

Club: Lauffreunde Gotha  
Number: 89

Course: 12.50 km  
12,5 km -Lauf

Category:  
Senioren M65 (65-69 Jahre)

Total time: 1:17:46

Speed: 9.64 km/h  
Running performance: 6:13 min/km

Rank in course/Total: 222 (of 267)

Rank in course/Men: 169 (of 196)

Best time in course: 41:37

Rank in category: 4(of 5)

Best time in the category: 59:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:49	5:38	4	0:38	144	1:20	0.50	2:49	5:38	4	0:38	144	1:20
Lap 2	9.00	52:34	5:50	4	12:44	180	24:46	9.50	55:23	5:49	4	13:21	177	26:06
Last lap Finish	3.00	22:23	7:27	3	4:36	160	10:03	12.50	1:17:46	6:13	4	17:57	169	36:09