



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

NUSSBICKER, Dieter

Club: Sonntagsläufer Tambach-Dietharz
Number: 162

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:17:53

Speed: 9.63 km/h
Running performance: 6:14 min/km

Rank in course/Total: 224 (of 267)

Rank in course/Men: 171 (of 196)

Best time in course: 41:37

Rank in category: 9(of 10)

Best time in the category: 1:01:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	3:00	6:00	8	0:36	168	1:31	0.50	3:00	6:00	8	0:36	168	1:31
Lap 2	9.00	50:54	5:39	8	10:04	168	23:06	9.50	53:54	5:40	8	10:40	169	24:37
Last lap Finish	3.00	23:59	7:59	10	5:34	178	11:39	12.50	1:17:53	6:13	9	16:14	171	36:16