



# 3Türmelauf

Bad Langensalza / 22.04.2018

## Detailed evaluation

**NUSSBICKER, Dieter**

Club: Sonntagsläufer Tambach-Dietharz  
Number: 162

Course: 12.50 km  
12,5 km -Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:17:53

Speed: 9.24 km/h

Running performance: 6:14 min/km

Rank in course/Total: 224 (of 267)

Rank in course/Men: 171 (of 196)

Best time in course: 41:37

Rank in category: 9(of 10)

Best time in the category: 1:01:39

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	0.50	3:00	6:00	8	0:36	168	1:31	0.50	3:00	6:00	8	0:36	168	1:31	
Lap 2	9.00	50:54	5:39	8	10:04	168	23:06	9.50	53:54	5:40	8	10:40	169	24:37	
Last lap Finish	3.00	23:59	7:59	10	5:34	178	11:39	12.50	1:17:53	6:13	9	16:14	171	36:16	