



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

SCHALLER, Lutz

Club: Salzaläufer
Number: 148

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:18:38

Speed: 9.16 km/h
Running performance: 6:17 min/km

Rank in course/Total: 233 (of 267)

Rank in course/Men: 178 (of 196)

Best time in course: 41:37

Rank in category: 16(of 18)

Best time in the category: 55:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	3:13	6:26	15	1:17	190	1:44	0.50	3:13	6:26	15	1:17	190	1:44
Lap 2	9.00	52:03	5:46	15	14:44	176	24:15	9.50	55:16	5:49	15	15:46	176	25:59
Last lap Finish	3.00	23:22	7:47	16	7:13	173	11:02	12.50	1:18:38	6:17	16	22:59	178	37:01