



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

JANNECK, Olaf

Club: Gotha
Number: 72

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:18:43

Speed: 9.15 km/h
Running performance: 6:18 min/km

Rank in course/Total: 234 (of 267)

Rank in course/Men: 179 (of 196)

Best time in course: 41:37

Rank in category: 25(of 30)

Best time in the category: 48:48

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 0.50 | 3:02 | 6:03 | 27 | 1:25 | 175 | 1:33 | 0.50 | 3:02 | 6:03 | 27 | 1:25 | 175 | 1:33 |
| Lap 2 | 9.00 | 53:01 | 5:53 | 25 | 20:02 | 182 | 25:13 | 9.50 | 56:03 | 5:53 | 25 | 21:27 | 182 | 26:46 |
| Last lap Finish | 3.00 | 22:40 | 7:33 | 24 | 8:28 | 165 | 10:20 | 12.50 | 1:18:43 | 6:17 | 25 | 29:55 | 179 | 37:06 |