



**3Türmelauf**  
Bad Langensalza / 22.04.2018

Detailed evaluation

**ARRAT, Mohammad Ali**

Club: SV Empor  
Number: 1897

Course: 1.00 km  
Schülerlauf

Category:  
männliche Kinder U10 (8-9 Jahre)

Total time: 4:47

Speed: 12.54 km/h  
Running performance: 4:47 min/km

Rank in course/Total: 138 (of 257)

Rank in course/Men: 69 (of 118)

Best time in course: 3:22

Rank in category: 34(of 57)

Best time in the category: 3:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:23	4:46	25	0:27	53	0:39	0.50	2:23	4:46	25	0:27	53	0:39
Last lap Finish	0.50	2:24	4:47	41	0:43	82	0:46	1.00	4:47	4:46	34	1:08	69	1:25