



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

GÖRING, Bärbel

Club: Weimar
Number: 199

Course: 12.50 km
12,5 km -Lauf

Category:
Seniorinnen W60 (60-64 Jahre)

Total time: 1:19:39

Speed: 9.42 km/h
Running performance: 6:22 min/km

Rank in course/Total: 237 (of 267)

Rank in course/Women: 57 (of 71)

Best time in course: 55:52

Rank in category: 3(of 3)

Best time in the category: 1:09:48

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	2:52	5:44	3	0:26	45	0:54	0.50	2:52	5:44	3	0:26	45	0:54
Lap 2	9.00	51:11	5:41	3	4:45	52	13:35	9.50	54:03	5:41	3	5:11	51	14:26
Last lap Finish	3.00	25:36	8:31	3	4:40	63	9:21	12.50	1:19:39	6:22	3	9:51	57	23:47