



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

Gelzannes, Hans

Club: Feuerwehr Gierstädt
Number: 251

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 1:19:53

Speed: 9.01 km/h
Running performance: 6:23 min/km

Rank in course/Total: 238 (of 267)

Rank in course/Men: 181 (of 196)

Best time in course: 41:37

Rank in category: 5(of 5)

Best time in the category: 59:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	3:05	6:10	5	0:54	182	1:36	0.50	3:05	6:10	5	0:54	182	1:36
Lap 2	9.00	52:45	5:51	5	12:55	181	24:57	9.50	55:50	5:52	5	13:48	181	26:33
Last lap Finish	3.00	24:03	8:01	5	6:16	180	11:43	12.50	1:19:53	6:23	5	20:04	181	38:16