



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

Schreiber, Susann

Club: Bad Tennstedt
Number: 224

Course: 12.50 km
12,5 km -Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:23:39
Speed: 8.97 km/h
Running performance: 6:41 min/km
Rank in course/Total: 248 (of 267)
Rank in course/Women: 62 (of 71)
Best time in course: 55:52
Rank in category: 14(of 14)
Best time in the category: 1:04:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	3:23	6:46	14	1:06	69	1:25	0.50	3:23	6:46	14	1:06	69	1:25
Lap 2	9.00	56:49	6:18	14	13:40	65	19:13	9.50	1:00:12	6:20	14	14:46	65	20:35
Last lap Finish	3.00	23:27	7:48	8	4:16	50	7:12	12.50	1:23:39	6:41	14	19:02	62	27:47