



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

KNOTHE, Doris

Club: BSG Sparkasse UH
Number: 18

Course: 12.50 km
12,5 km -Lauf

Category:
Seniorinnen W65 (65-69 Jahre)

Total time: 1:27:39

Speed: 8.21 km/h
Running performance: 7:01 min/km

Rank in course/Total: 255 (of 267)

Rank in course/Women: 66 (of 71)

Best time in course: 55:52

Rank in category: 1(of 2)

Best time in the category: 1:27:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	3:11	6:21	2	0:01	63	1:13	0.50	3:11	6:21	2	0:01	63	1:13
Lap 2	9.00	57:23	6:22	1	-	66	19:47	9.50	1:00:34	6:22	1	-	66	20:57
Last lap Finish	3.00	27:05	9:01	2	1:14	65	10:50	12.50	1:27:39	7:00	1	-	66	31:47