



**3Türmelauf**  
Bad Langensalza / 22.04.2018

Detailed evaluation

**KAPPE, Helena**

Club: Grundschule Sonnenhof  
Number: 1849

Course: 1.00 km  
Schülerlauf

Category:  
weibliche Kinder U10 (8-9 Jahre)

Total time: 4:42  
Speed: 12.77 km/h  
Running performance: 4:42 min/km  
Rank in course/Total: 119 (of 257)  
Rank in course/Women: 57 (of 139)  
Best time in course: 3:34  
Rank in category: 19(of 53)  
Best time in the category: 3:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	2:24	4:47	19	0:29	59	0:36	0.50	2:24	4:47	19	0:29	59	0:36
Last lap Finish	0.50	2:18	4:35	18	0:28	62	0:33	1.00	4:42	4:42	19	0:53	57	1:08