



**3Türmelauf**  
Bad Langensalza / 22.04.2018

Detailed evaluation

**NACHTIGALL, Nele**

Club: Grundschule Sonnenhof  
Number: 1843

Course: 1.00 km  
Schülerlauf

Category:  
weibliche Kinder U10 (8-9 Jahre)

Total time: 5:25  
Speed: 11.08 km/h  
Running performance: 5:25 min/km  
Rank in course/Total: 211 (of 257)  
Rank in course/Women: 112 (of 139)  
Best time in course: 3:34  
Rank in category: 43(of 53)  
Best time in the category: 3:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	2:45	5:30	44	0:50	111	0:57	0.50	2:45	5:30	44	0:50	111	0:57
Last lap Finish	0.50	2:40	5:19	44	0:50	113	0:55	1.00	5:25	5:25	43	1:36	112	1:51