



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

ARRAT, Nourlhak

Club: SV Empor
Number: 1896

Course: 1.00 km
Schülerlauf

Category:
männliche Kinder U8 (unter 8 Jahren)

Total time: 5:48
Speed: 10.34 km/h
Running performance: 5:48 min/km
Rank in course/Total: 231 (of 257)
Rank in course/Men: 105 (of 118)
Best time in course: 3:22
Rank in category: 13(of 13)
Best time in the category: 4:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:55	5:49	12	0:33	106	1:11	0.50	2:55	5:49	12	0:33	106	1:11
Last lap Finish	0.50	2:53	5:46	13	0:48	104	1:15	1.00	5:48	5:47	13	1:20	105	2:26