



**3Türmelauf**  
Bad Langensalza / 22.04.2018

Detailed evaluation

**Kuhles, Lara**

Club: RS Schlotheim  
Number: 2018

Course: 1.00 km  
Schülerlauf

Category:  
weibliche Jugend U14 (12-13 Jahre)

Total time: 3:41

Speed: 16.29 km/h  
Running performance: 3:41 min/km

Rank in course/Total: 9 (of 257)

Rank in course/Women: 3 (of 139)

Best time in course: 3:34

Rank in category: 1(of 14)

Best time in the category: 3:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	1:52	3:44	2	0:02	4	0:04	0.50	1:52	3:44	2	0:02	4	0:04
Last lap Finish	0.50	1:49	3:38	1	-	3	0:04	1.00	3:41	3:40	1	-	3	0:07