



**3Türmelauf**  
Bad Langensalza / 22.04.2018

Detailed evaluation

**TWIRZNIK, Selina**

Club: Salza Gymnasium  
Number: 1919

Course: 1.00 km  
Schülerlauf

Category:  
weibliche Kinder U12 (10-11 Jahre)

Total time: 5:01  
Speed: 11.96 km/h  
Running performance: 5:01 min/km  
Rank in course/Total: 170 (of 257)  
Rank in course/Women: 83 (of 139)  
Best time in course: 3:34  
Rank in category: 37(of 55)  
Best time in the category: 3:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	2:29	4:58	32	0:41	70	0:41	0.50	2:29	4:58	32	0:41	70	0:41
Last lap Finish	0.50	2:32	5:03	42	0:47	99	0:47	1.00	5:01	5:00	37	1:27	83	1:27