



3Türmelauf  
Bad Langensalza / 22.04.2018

Detailed evaluation

**DANIEL, Julian**

Club: Salza Gymnasium  
Number: 1158

Course: 5.00 km  
5 km - Lauf

Category:  
männliche Jugend U14 (12-13 Jahre)

Total time: 25:21

Speed: 11.83 km/h  
Running performance: 5:04 min/km

Rank in course/Total: 41 (of 232)

Rank in course/Men: 33 (of 136)

Best time in course: 18:55

Rank in category: 8(of 25)

Best time in the category: 22:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:38	5:15	14	0:51	70	1:05	0.50	2:38	5:15	14	0:51	70	1:05
Lap 2	4.00	20:21	5:05	7	1:59	30	4:50	4.50	22:59	5:06	8	2:39	33	5:55
Last lap Finish	0.50	2:22	4:44	13	0:32	49	0:32	5.00	25:21	5:04	8	2:54	33	6:26