



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

JUNCKER, Max

Club: Salza Gymnasium
Number: 1097

Course: 5.00 km
5 km - Lauf

Category:
männliche Jugend U16 (14-15 Jahre)

Total time: 26:47

Speed: 11.20 km/h
Running performance: 5:22 min/km

Rank in course/Total: 71 (of 232)

Rank in course/Men: 56 (of 136)

Best time in course: 18:55

Rank in category: 8(of 18)

Best time in the category: 18:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:54	5:47	16	1:21	97	1:21	0.50	2:54	5:47	16	1:21	97	1:21
Lap 2	4.00	21:24	5:20	8	5:53	45	5:53	4.50	24:18	5:24	8	7:14	58	7:14
Last lap Finish	0.50	2:29	4:58	13	0:38	73	0:39	5.00	26:47	5:21	8	7:52	56	7:52