



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

OCHMANN, Tim

Club: Salza Gymnasium
Number: 1124

Course: 5.00 km
5 km - Lauf

Category:
männliche Jugend U16 (14-15 Jahre)

Total time: 27:26

Speed: 10.94 km/h
Running performance: 5:29 min/km

Rank in course/Total: 84 (of 232)

Rank in course/Men: 69 (of 136)

Best time in course: 18:55

Rank in category: 11(of 18)

Best time in the category: 18:55

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:14	4:28	6	0:41	40	0:41	0.50	2:14	4:28	6	0:41	40	0:41
Lap 2	4.00	22:45	5:41	12	7:14	77	7:14	4.50	24:59	5:33	11	7:55	67	7:55
Last lap Finish	0.50	2:27	4:54	12	0:36	65	0:37	5.00	27:26	5:29	11	8:31	69	8:31