



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

WERTHMANN, Julia

Club: Salza Gymnasium
Number: 1103

Course: 5.00 km
5 km - Lauf

Category:
weibliche Jugend U18 (16-17 Jahre)

Total time: 28:33
Speed: 10.51 km/h
Running performance: 5:43 min/km
Rank in course/Total: 101 (of 232)
Rank in course/Women: 22 (of 96)
Best time in course: 20:57
Rank in category: 3(of 16)
Best time in the category: 26:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	2:17	4:33	2	0:05	15	0:32	0.50	2:17	4:33	2	0:05	15	0:32
Lap 2	4.00	23:26	5:51	2	1:48	22	6:17	4.50	25:43	5:42	3	1:30	22	6:46
Last lap Finish	0.50	2:50	5:40	7	0:29	54	0:50	5.00	28:33	5:42	3	1:59	22	7:36