



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

MÖLLER, Janne

Club: Salza Gymnasium
Number: 1128

Course: 5.00 km
5 km - Lauf

Category:
weibliche Jugend U16 (14-15 Jahre)

Total time: 28:57

Speed: 10.36 km/h
Running performance: 5:47 min/km

Rank in course/Total: 104 (of 232)

Rank in course/Women: 24 (of 96)

Best time in course: 20:57

Rank in category: 5(of 19)

Best time in the category: 24:38

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	2:59	5:58	13	0:56	60	1:14	0.50	2:59	5:58	13	0:56	60	1:14
Lap 2	4.00	23:23	5:50	4	3:07	21	6:14	4.50	26:22	5:51	4	3:50	24	7:25
Last lap Finish	0.50	2:35	5:10	4	0:29	23	0:35	5.00	28:57	5:47	5	4:19	24	8:00