



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

Kämpf, Märit

Club: Salza Gymnasium
Number: 1138

Course: 5.00 km
5 km - Lauf

Category:
weibliche Kinder U12 (10-11 Jahre)

Total time: 30:03
Speed: 9.98 km/h
Running performance: 6:01 min/km
Rank in course/Total: 134 (of 232)
Rank in course/Women: 39 (of 96)
Best time in course: 20:57
Rank in category: 3(of 4)
Best time in the category: 24:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	3:02	6:03	4	0:54	65	1:17	0.50	3:02	6:03	4	0:54	65	1:17
Lap 2	4.00	24:24	6:05	3	4:00	35	7:15	4.50	27:26	6:05	3	4:54	42	8:29
Last lap Finish	0.50	2:37	5:14	3	0:20	31	0:37	5.00	30:03	6:00	3	5:14	39	9:06