



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

JAKUBISOVA, Liliana

Club: Salza Gymnasium
Number: 1140

Course: 5.00 km
5 km - Lauf

Category:
weibliche Jugend U14 (12-13 Jahre)

Total time: 30:02
Speed: 9.99 km/h
Running performance: 6:01 min/km
Rank in course/Total: 133 (of 232)
Rank in course/Women: 38 (of 96)
Best time in course: 20:57
Rank in category: 7(of 13)
Best time in the category: 23:33

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	3:04	6:08	11	1:18	70	1:19	0.50	3:04	6:08	11	1:18	70	1:19
Lap 2	4.00	24:20	6:04	6	4:57	33	7:11	4.50	27:24	6:05	7	6:15	40	8:27
Last lap Finish	0.50	2:38	5:15	10	0:21	35	0:38	5.00	30:02	6:00	7	6:29	38	9:05