



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

RANG, Victoria

Club: Salza Gymnasium
Number: 1119

Course: 5.00 km
5 km - Lauf

Category:
weibliche Jugend U16 (14-15 Jahre)

Total time: 30:17

Speed: 9.91 km/h
Running performance: 6:04 min/km

Rank in course/Total: 141 (of 232)

Rank in course/Women: 44 (of 96)

Best time in course: 20:57

Rank in category: 8(of 19)

Best time in the category: 24:38

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	2:49	5:38	10	0:46	50	1:04	0.50	2:49	5:38	10	0:46	50	1:04
Lap 2	4.00	24:56	6:14	8	4:40	42	7:47	4.50	27:45	6:10	8	5:13	44	8:48
Last lap Finish	0.50	2:32	5:03	3	0:26	19	0:32	5.00	30:17	6:03	8	5:39	44	9:20