



3Türmelauf

Bad Langensalza / 22.04.2018

Detailed evaluation

HAUSE, Karl-Kurt

Club: Salza Gymnasium

Number: 1148

Course: 5.00 km

5 km - Lauf

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 30:44

Speed: 9.76 km/h

Running performance: 6:09 min/km

Rank in course/Total: 149 (of 232)

Rank in course/Men: 103 (of 136)

Best time in course: 18:55

Rank in category: 10(of 13)

Best time in the category: 20:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:56	5:51	9	1:15	101	1:23	0.50	2:56	5:51	9	1:15	101	1:23
Lap 2	4.00	24:58	6:14	9	8:17	98	9:27	4.50	27:54	6:11	10	9:32	101	10:50
Last lap Finish	0.50	2:50	5:40	10	0:50	104	1:00	5.00	30:44	6:08	10	10:22	103	11:49